

PROGRAM CALENDAR

SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:00 AM Shopping Mall 9:00 AM Bud Vase (CR) 2:00 PM Meet and Greet with Rabbi Monson from JFS (GR-GL) 3:30 PM Happy Hour at the Lodge (LR-L) 7:15 PM Movies at the Lodge (LR-L)	2 1:30 PM Movie Matinee (MR) 4:00 PM Wine and Cheese with Brian Zapel (LR-GL)	3 12:15 PM Bridge (CR) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:00 PM Protestant Worship Service (GR-GL) 4:00 PM TGIF! Happy Hour (CR)	4 7:15 PM Movies at the Lodge (LR-L)
5 11:00 AM Roman Catholic Mass (GR-GL) 2:00 PM Dominos (Lib-L)	6 Labor Day 2:30 PM Games (Lib-L) 7:15 PM Bingo (GR-GL)	7 9:30 AM Bocce (FL-L) 10:30 AM Meditation (GR-GL) 12:30 PM Dining Committee Meeting (M) 1:00 PM 7 Card Hi-Lo (DR-GL) 2:30 PM Drum Circle Fitness 7:15 PM Evening Movie (MR)	8 10:00 AM Grocery Trip (Price Chopper) 9:00 AM Bud Vase (CR) 12:15 PM Bridge (CR) 1:30 PM Mobile Vaccination Card Training (GR-GL) 3:30 PM Happy Hour at the Lodge (LR-L) 7:15 PM Movies at the Lodge (LR-L)	9 1:30 PM Movie Matinee (MR) 3:00 PM Building & Grounds Committee (RC) 4:00 PM Wine and Cheese (LR-GL)	10 1:00 PM 7 Card Hi-Lo (DR-GL) 2:00 PM Tai Chi with The Tai Chi Center (GR-GL) 4:00 PM TGIF! Happy Hour (CR)	11 4:00 PM Roman Catholic Mass (GR-GL) 7:15 PM Movies at the Lodge (LR-L)
12 2:00 PM Dominos (Lib-L)	13 10:00 AM Grocery Trip (Wal-Mart) 2:30 PM Games (Lib-L) 7:15 PM Bingo (GR-GL)	14 9:30 AM Bocce (FL-L) 12:30 PM Hospitality Committee Meeting (M) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:30 PM Movie Matinee (MR)	15 WELLNESS WEDNESDAY Flue Shot Clinic (WC-112) 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 12:15 PM Bridge (CR) 3:30 PM Happy Hour at the Lodge (LR-L) 7:15 PM Movies at the Lodge (LR-L)	16 9:00 AM Dr. Masias Podiatrist (WC-112) 10:30 AM Resident Council Meeting (GR-GL) 1:30 PM Movie Matinee (MR) 4:00 PM Wine and Cheese (LR-GL)	17 10:00 AM Morning Jewish Service with Rabbi Monson (GR-GL) 1:00 PM 7 Card Hi-Lo (DR-GL) 4:00 PM TGIF! Happy Hour (CR)	18 7:15 PM Movies at the Lodge (LR-L)
19 10:30 AM Roman Catholic Mass (GR-GL) 2:00 PM Dominos (Lib-L) 4:00 PM Joe Sorrentino Swing Quartet (GR-GL)	20 10:00 AM Grocery Trip (Hannaford) 1:00 PM Program Committee Meeting (M) 1:00 PM Dr. Peckage Podiatrist (WC-112) 2:30 PM Games (Lib-L) 7:15 PM Bingo (GR-GL)	21 9:30 AM Bocce (FL-L) 1:00 PM 7 Card Hi-Lo (DR-GL) 2:00-4:00 PM Ávila Committee Fair (GR-GL) 7:15 PM Evening Movie (MR)	22 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 12:15 PM Bridge (CR) 1:00 PM Altamont Orchards Trip 3:30 PM Happy Hour at the Lodge (LR-L) 7:15 PM Movies at the Lodge (LR-L)	23 12:30 PM Beehive: The 60's Musical @ Mac-Haydn Theatre 1:30 PM Movie Matinee (MR) 4:00 PM Wine and Cheese with Laura Collins (LR-GL)	24 1:00 PM 7 Card Hi-Lo (DR-GL) 4:00 PM TGIF! Happy Hour (CR)	25 7:15 PM Movies at the Lodge (LR-L)
26 10:30 AM Roman Catholic Mass (GR-GL) 2:00 PM Dominos (Lib-L)	27 10:00 AM Grocery Trip (Price Chopper) 2:30 PM Games (Lib-L) 2:30 PM Madison Hearing (WC-112) 7:15 PM Bingo (GR-GL)	28 9:30 AM Bocce (FL-L) 11:00 AM Town Hall Meeting (GR-GL) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:30 – 3:00 PM American Italian Heritage Museum 7:15 PM Evening Movie (MR)	29 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 12:15 PM Bridge (CR) 3:30 PM Happy Hour at the Lodge (LR-L) 3:30 PM Jazz Vespers (GR-GL) 7:15 PM Movies at the Lodge (LR-L)	30 1:30 PM Movie Matinee (MR) 2:00 PM Tai Chi with The Tai Chi Center (GR-GL) 4:00 PM Wine and Cheese (LR-GL)		

ROOM KEY

GRAND LODGE (GL)

Fitness Center: (FC-GL) Meditation Room: (M)
 Library: (Lib-GL) Craft Room: (CR)
 Billiards Room: (BR-GL) Resident Center: (RC)
 Patio: (P-GL) Dining Room: (DR-GL)
 Bistro: (B-GL) Great Room: (GR-GL)
 Living Room: (LR-GL) Media Room: (MR)
 Wellness Center (WC-112)

LODGE (L)

Library: (Lib-L)Patio: (P-L)
 Living Room: (LR-L)
 Dining Room: (DR-L)
 Front Lawn: (FL-L)

RED – Travel Events
BLUE – Fitness
PURPLE – In-House Events

FITNESS SCHEDULE

MONDAY

9:00 AM – Pilates in a Chair
 10:00 AM – Aqua Motion
 11:00 AM – Strength Training
 12:00 PM – HydroRider
 12:30 PM -- HydroRider

FRIDAY

10:00 AM – Aqua Motion
 11:00 AM – Stretch/Flex
 11:45 AM – Trifecta-
 Strength/Flexibility/Balance

WEDNESDAY

10:00 AM – Aqua Motion
 11:00 AM – Sit to Be Fit
 11:45 AM – Chair Yoga/Balance

SATURDAY

9:30 AM – Strength Training
 10:15 AM – Balance/Stretch

