

FEBRUARY 2023 PROGRAM CALENDAR						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 1:30 PM Dominoes (DR-GL) 3:30 PM Happy Hour at the Lodge (LR-L)	2 GROUNDHOG DAY 10:00 AM Guilderland Library Trip 1:00 PM Shopping Mall 1:30 PM Movie Watch Party-- <i>Music of the Heart</i> (MR) 4:00 PM Wine and Cheese with Brian Zapel (LR-GL)	3 1:00 PM 7 Card Hi-Lo (DR-GL) 1:00 PM Protestant Worship Service (GR-GL) 4:00 PM TGIF! Happy Hour (CR) 7:15 PM Trivial Pursuit Night (GR-GL)	4 12:30 PM Duplicate Bridge (GR-GL) 7:15 PM Game Night (GR-GL) 7:15 PM Movies at the Lodge (LR-L)
5 10:30 AM Roman Catholic Mass (GR-GL) 12:30 PM The Book of Mormon @ Proctors 3:00 PM Avila Cornhole (GR-GL)	6 10:00 AM Grocery Trip (Hannaford) 12:15 PM Bridge (CR) 3:30 PM Musical Performance by Mike Short (GR-GL) 7:15 PM Bingo (GR-GL)	7 10:00 AM Grocery Trip (PriceChopper) 10:00 AM Dining Committee Meeting (MR) 11:00 AM Meditation (M) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:30 PM Tai Chi with The Tai Chi Center (FC-GL) 3:00 PM Mimi Becker's Discussion Group (M) 7:15 PM Evening Movie -- <i>The Other Son</i> (MR)	8 WELLNESS WEDNESDAY 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 11:00 AM Van Assistance with PRN (GR-GL) 1:30 PM Dominoes (DR-GL) 3:00 PM Madison Buechele, Speech-Lanquage Pathologists Introduction (GR-GL) 3:30 PM Happy Hour at the Lodge (LR-L)	9 10:00 AM Bank Trip 1:00 PM Shopping Mall 3:00 PM Building & Grounds Committee (CR) 3:00 PM New Beginnings Duscussion Group (GR-GL) 3:30 PM Teen Tech Help Desk @ Guilderland Library 4:00 PM Wine and Cheese (LR-GL)	10 9:30 AM Brain Games to Keep the Mind Young with AGS (GR-GL) 1:00 PM 7 Card Hi-Lo (DR-GL) 12:00 PM Shaker High School Luncheon (GR-GL) 4:00 PM TGIF! Happy Hour (CR) 7:15 PM Trivial Pursuit Night (GR-GL)	11 1:30 PM Met Op Showing (GR-GL) 7:15 PM Game Night (GR-GL) 7:15 PM Movies at the Lodge (LR-L)
12 10:30 AM Roman Catholic Mass (GR-GL) 4:00 PM Joe Sorrentino Swing Quartet (GR-GL)	13 10:00 AM Grocery Trip (PriceChopper) 12:15 PM Bridge (CR) 3:00 PM Netflix Educational Movie Series (MR) 7:15 PM Bingo (GR-GL)	14 VALENTINE'S DAY 10:00 AM Grocery Trip (Wal-Mart) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:00 PM Hospitality Committee Meeting (CR) 3:00 PM Mimi Becker's Discussion Group (M) 3:00 PM Valentines Day Party (GR-GL) 7:15 PM Evening Movie -- <i>Crazy Rich Asians</i> (MR)	15 WELLNESS WEDNESDAY 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 10:00 AM Wellness Center Vendor Fair (GR-GL) 1:30 PM Dominoes (DR-GL) 3:30 PM Happy Hour at the Lodge (LR-L)	16 9:00 AM Dr. Masias Podiatrist (WC-112) 10:00 AM Guilderland Library Trip 10:30 AM Resident Council Meeting (GR-GL) 1:00 PM Shopping Mall 1:30 PM Movie Watch Party-- <i>Crazy Rich Asians</i> (MR) 4:00 PM Wine and Cheese (LR-GL)	17 10:00 AM Rivers Casino Trip 1:00 PM 7 Card Hi-Lo (DR-GL) 4:00 PM TGIF! Happy Hour (CR) 7:15 PM Trivial Pursuit Night (GR-GL)	18 12:30 PM Duplicate Bridge (GR-GL) 7:15 PM Game Night (GR-GL) 7:15 PM Movies at the Lodge (LR-L)
19 11:00 AM Roman Catholic Mass (GR-GL) 2:00 PM Met Op Showing (GR-GL)	20 Presidents' Day 10:00 AM Grocery Trip (Wal-Mart) 12:15 PM Bridge (CR) 1:00 PM Dr. Peckage Podiatrist (WC-112) 3:00 PM Discussions with Rabbi Ami (GR-GL) 7:15 PM Bingo (GR-GL)	21 10:00 AM Grocery Trip (Hannaford) 1:30 PM Tai Chi with The Tai Chi Center (FC-GL) 1:30 PM Avila Book Club (GR-GL) 3:00 PM Program Committee Meeting (CR) 3:00 PM Mimi Becker's Discussion Group (M) 7:15 PM Evening Movie -- <i>Ticket to Paradise</i> (MR)	22WELLNESS WEDNESDAY 9:00 AM Bud Vase (CR) 10:00 AM Shopping Mall 11:00 AM Ash Wednesday Service (GR-GL) 11:15 PM Lohengrin Encore MetOp @ Crossgates 1:30 PM Dominoes (DR-GL) 2:00 PM Meditation Education Seminar with Jackie (GR-GL) 3:30 PM Happy Hour at the Lodge (LR-L)	23 10:00 AM Bank Trip 11:00 AM Meditation (M) 1:00 PM Shopping Mall 3:00 PM Espionage: Part 2 by Greg Sauer (GR-GL) 3:30 PM Teen Tech Help Desk @ Guilderland Library 4:00 PM Wine and Cheese (LR-GL)	24 1:00 PM 7 Card Hi-Lo (DR-GL) 4:00 PM TGIF! Happy Hour (CR) 7:15 PM Trivial Pursuit Night (GR-GL)	25 2:30 PM Music Performance by Mark Oldendorf (GR-GL) 7:15 PM Game Night (GR-GL) 7:15 PM Movies at the Lodge (LR-L)
26 11:00 AM Roman Catholic Mass (GR-GL)	27 10:00 AM Grocery Trip (Hannaford) 12:15 PM Bridge (CR) 3:00 PM Netflix Educational Movie Series (MR) 7:15 PM Bingo (GR-GL)	28 10:00 AM Grocery Trip (PriceChopper) 11:00 AM Townhall (GR-GL) 1:00 PM 7 Card Hi-Lo (DR-GL) 1:30 PM Effective Communication Strategies with AGS (GR-GL) 7:15 PM Evening Movie -- <i>Mr. Holmes</i> (MR)				
	ROOM KEY MAIN BUILDING (GL) Fitness Center: (FC-GL) Meditation Room: (M) Wellness Center (WC-112) Library: (Lib-GL) Craft Room: (CR) Media Room: (MR) Billiards Room: (BR-GL) Resident Center: (RC) Living Room: (LR-GL) Patio: (P-GL) Dining Room: (DR-GL) Great Room: (GR-GL) Bistro: (B-GL) LODGE (L) Library: (Lib-L) Patio: (P-L) Living Room: (LR-L) Front Lawn: (FL-L) Dining Room: (DR-L)			RED -- Travel Events BLUE -- Fitness PURPLE -- In-House Events GREEN -- Educational Classes DARK GREEN -- Wellness Events		

FITNESS CALENDAR

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