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For Immediate Release

ÁVILA RETIREMENT COMMUNITY RAISES \$1,200 FOR LOCAL COMMUNITY HOSPICE

ALBANY, NY – March 12, 2010 – On Thursday, March 11, 2010, Ávila Retirement Community welcomed local senior citizens to join in their community excitement as they celebrated Havana Night. The evening included food, live music and performances, raising over \$1,200 for the local Community Hospice.

Ávila residents and guests were greeted with live Latin music in a setting that took them back to 1950s Havana. A buffet style dinner was included as guests were entertained with Salsa performances and other Latin themed dances. Everyone left with a photo magnet memento to capture their evening spent at Ávila's Havana Night.

"Havana Night brought the Ávila community and guests together for a night of socialization and fun," said Stephen Grifferty, manager of Ávila Retirement Community. "We are thrilled that the residents and guests were so eager to donate in an effort to aid Community Hospice."

For more information about Ávila call 518.452.4250, or visit www.avilaretirementcommunity.com.

About Ávila Retirement Community

Located in Albany, N.Y., Ávila is a full-service retirement community for persons 55 years of age and older affiliated with the Roman Catholic Diocese of Albany. Ávila offers residents friendly neighborhoods to live an active lifestyle with delicious dining options, fitness programs, a water aerobics and aquatics center, and a wide variety of activities and programs for all interests ranging from day trips, cultural events and educational seminars. The Adirondack theme with beamed cathedral ceilings and courtyard gardens, paired with our dedicated, caring staff and welcoming residents, creates a robust community atmosphere for all.

Award-winning professional management of Ávila is provided by Alchester Group, LLC and DePaul Housing Management, with nearly 30 years of experience in senior housing throughout the Capital District.

For more information, call 518.452.4250 or visit www.avilaretirementcommunity.com

About Alchester Group, LLC

Alchester Group, LLC is a development, management and real estate firm located in Latham, N.Y. Specializing in senior living, the company provides marketing, sales, communication plans and management services for clients throughout New York State and beyond. More information is available by calling (518) 690-0759.

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