



Contact: Judi Henrikson
Community Relations Director
Alchester Group, LLC
jhenrikson@alchester.com
(518) 690.0759 ext. 112

For Immediate Release

ÁVILA RETIREMENT COMMUNITY HELD GROUNDBREAKING CEREMONY FRIDAY, JULY 2

Albany, NY – July 2, 2010 – Ávila Retirement Community held an official groundbreaking ceremony for the building of its expansion at 11 a.m. on Friday, July 2. Called **The Lodge at Ávila**, the new neighborhood will help the full-service retirement community grow to better suit the needs of current residents and the surrounding senior community.

Guest speakers for the groundbreaking ceremony included **Most Reverend Howard J. Hubbard, D.D.**, Bishop, Roman Catholic Diocese of Albany; **Hon. Neil D. Breslin**, New York State Senator; **Hon. John J. McEneny**, New York State Assemblyman; **Hon. Michael G. Breslin**, Albany County Executive; **Hon. Gerald D. Jennings**, City of Albany Mayor; and **Stephen J. Grifferty**, Alchester Group President.

“Today we started the July 4th holiday with the groundbreaking of our newest neighborhood The Lodge at Avila. The event was well attended, demonstrating a showing of the unity of the Avila community behind our newest expansion,” said Stephen Grifferty, President of Alchester Group, LLC, the management firm for Avila. “The sense of community that Avila engenders and the answering the need of today’s senior builds was echoed in all the remarks. We are excited for the day when the Lodge will be completed.

The community is managed by Alchester Group, LLC, a senior housing operator based in Latham, N.Y. LeCesse Construction Services, LLC, based in Rochester, N.Y., will be working with local subcontractors to construct the residences and common areas. Kanalstein Danton Associates P.A. of Voorhees, N.J., have provided the project with plans to build up to 44 Adirondack-style units, all designed to meet the specific needs of senior citizens age 55 and older.

The new construction at Ávila will give residents the opportunity to design their new apartment homes with their own personal touches and custom finishes. The proposed apartments will stay true to the rest of Ávila’s Adirondack design of the “Great Camps” while offering garages, courtyard gardens, and much more.

For more information about Ávila, visit www.avilaretirementcommunity.com, or call 518.452.4250.

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